



THE ORDINARY REGIMENS

SAVE TIME & MONEY



The Ordinary & Deciem Chat Room

IT'S SO CONFUSING

keep it simple - less is more



- Ask Deciem For A Regimen
- The 5 Deciem Regimens

ASK DECIEM FOR A REGIMEN

THE ORDINARY CAN BE REALLY CONFUSING, ESPECIALLY IF YOU'RE NEW TO SKINCARE. AS SOON AS YOU HEAR ABOUT IT, YOU WANT IT.

YOU'LL FILL UP YOUR CART BECAUSE THE PRODUCTS ARE SO CHEAP, NOT REALLY KNOWING WHAT THEY ARE FOR, AND BEFORE YOU KNOW IT, YOU'RE SPENDING MORE THAN YOU'VE EVER SPENT ON SKINCARE.

STOP! YOU ONLY HAVE 1 FACE & 7 DAYS IN A WEEK, YOU CANNOT USE THEM ALL. NOT TO MENTION ALL THE PRODUCTS THAT CONFLICT!

ASK FOR A PERSONALISED REGIMEN IF ONE OF THE SET REGIMENS DON'T SUIT YOUR NEEDS.

[ASK DECIEM FOR A REGIMEN HERE](#)

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THE 5 REGIMENS FOR THE ORDINARY

- GENERAL SIGNS OF AGEING
- PIGMENTATION ISSUES
- DEHYDRATED SKIN
- CONGESTED & SIGNS OF BLEMISHES
- TEXTURAL IRREGULARITIES

At the bottom of the Regimen Page (here) you will see all the different regimens

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GENERAL SIGNS OF AGEING REGIMEN



[click photos to read more on the Deciem Website](#)

AM: Buffet (peptide) & Hyaluronic Acid (Hydrators & Oils)

PM: Buffet, Granactive Retinoid 2% or 5% in Squalane, & Rose Hip Seed Oil

PIGMENTATION ISSUES



[click photos to read more on the Deciem Website](#)

AM: Alpha Arbutin & Niacinamide (more molecules), Magnesium Ascorbyl Phosphate (Vit C)

PM: Alpha Arbutin, Azelaic Acid (acid)

Note: Ascorbyl Tetraisopalmitate Solution 20% in Vitamin F can be applied in the PM before Azelaic Acid Suspension 10% for added support.

DEHYDRATION REGIMEN



[click photos to read more on the Deciem Website](#)

AM: Hyaluronic Acid & Natural Moisturizing Factors (Hydrators & Oils)

PM: Hyaluronic Acid & 100% Plant-Derived Squalane (Hydrators & Oils)

Note: Alternatively, Marula Oil or Moroccan Argan Oil can be used instead of 100% Plant-Derived Squalane in the PM.

SIGNS OF CONGESTION & LOOK OF BLEMISHES



[click photos to read more on the Deciem Website](#)

AM: Niacinamide (more molecules)

PM: Salicylic Acid (acids) Niacinamide (more molecules)

Note: For non-comedogenic surface hydration, apply 100% Plant-Derived Squalane as the last step in the AM and PM.

TEXTURAL IRREGULARITIES

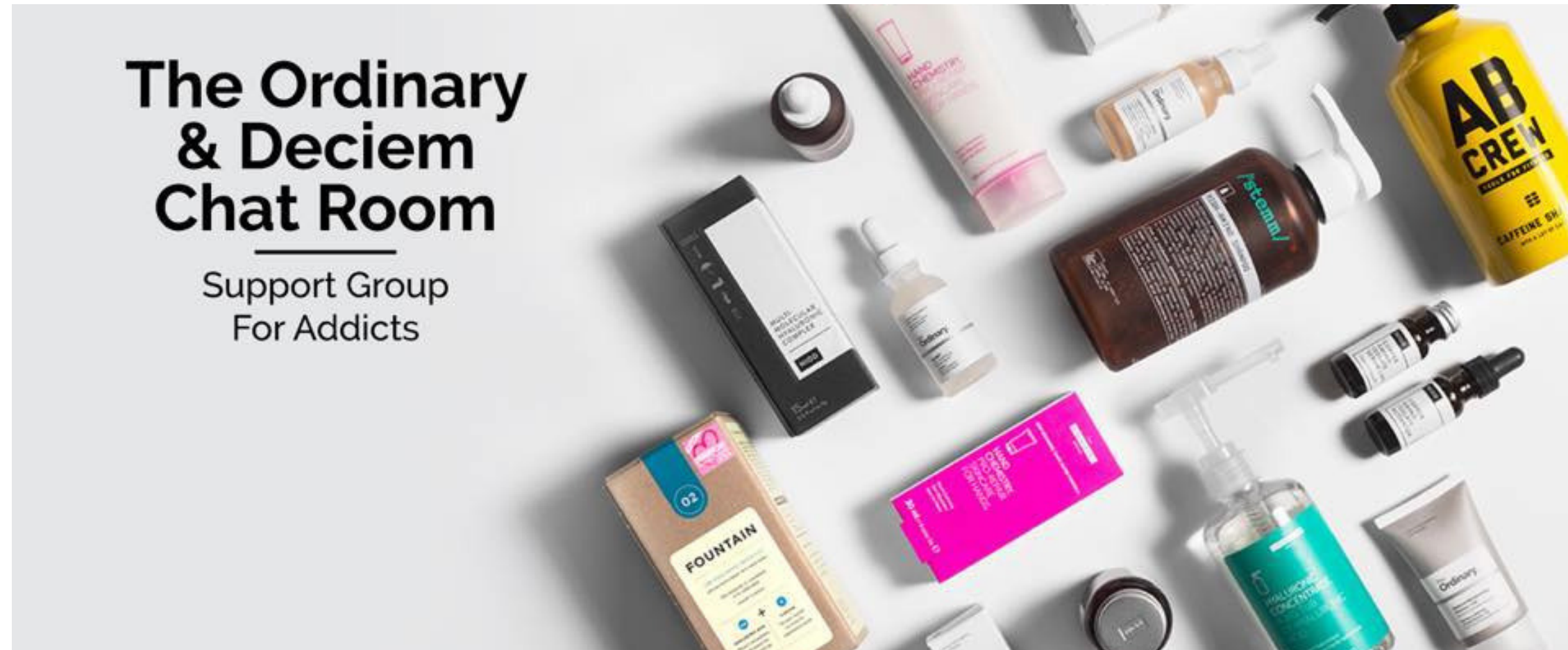


[click photos to read more on the Deciem Website](#)

AM: Azelaic Acid (acid)

PM: Glycolic Acid (acid) & Granactive Retinoid 2% or 5% in Squalane (retinoids)

Note: AHA 30% + BHA 2% Peeling Solution can be applied as a masque up to twice per week in the PM.



**J O I N T H E O R D I N A R Y &
D E C I E M C H A T R O O M**

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